St. Therese Appalachian Mission Trip
Rules and Expectations

I recognize that I am part of a <u>community</u> this week. I was chosen, in part, because wI can and will be a "solid citizen" of this community and represent my town and my parish in a positive way. In recognition of that responsibility, I am willing to make the following commitments:

a. I will be on time in the morning and for all "trips";
b. I will largely take care of myself; i.e., clean up after myself (bathroom and sleeping areas);
c. I will reflect modesty in "off-hours" dress and appropriate work clothes;
d. I will do the jobs that are asked of me thoroughly and at a high level. (The Community (all of us) depends on you!!)
e. I will get to bed at a reasonable hour – "NO all-nighters".
f. I will be quiet and respectful of others, especially during "sleep hours (10pm-6am)
g. I will try to get to know) <u>every</u> person here and treat them with love and respect.
    i. God put us <u>together</u> here for a reason!!
h. I will not use my cell phone at a work site (except for emergency).

Some other important rules and suggestions I am aware of and will follow:

o Address Dunlow residents as "Sir" and "Ma'am"; (as in "Yes Sir" and "Yes Ma'am")
o Showers happen in the afternoon, after work. <u>NOT</u> in the AM.
o Safety First:
    • Seat belts on all trips everywhere;
    • Do not touch stray animals (and there are lots of them)!
    • Do not go off on your own without an adult knowing it!
o NOT a "couples week". NO PDA's!
o Except for work site travel, please travel in your assigned van.
o Learn what you can and share it with the community when you have a chance.
o No girls ever in boys room or boys in girls room.

There are only TWO ways to get sent home **immediately**, in which case your parents will be asked to drive to us to bring you home. They are:

▪ Use of alcohol, drugs of any kind.
    • If you have meds you need to take (and/or need to have with you), make certain Dr. Damico and Linda McMahon are aware.
▪ Sexual interaction of any kind.

Participant: _____   Print Name: _____

Parent: _____   Print Name: _____