

St. Therese Appalachian Mission Trip

Rules and Expectations

I recognize that I am part of a community this week. I was chosen, in part, because wI can and will be a “solid citizen” of this community and represent my town and my parish in a positive way. In recognition of that responsibility, I am willing to make the following commitments:

- a. I will be on time in the morning and for all “trips”;
- b. I will largely take care of myself; i.e., clean up after myself (bathroom and sleeping areas);
- c. I will reflect modesty in “off-hours” dress and appropriate work clothes;
- d. I will do the jobs that are asked of me thoroughly and at a high level. (The Community (all of us) depends on you!!)
- e. I will get to bed at a reasonable hour – “NO all-nighters”.
- f. I will be quiet and respectful of others, especially during “sleep hours (10pm-6am)
- g. I will try to get to know) every person here and treat them with love and respect.
 - i. God put us together here for a reason!!
- h. I will not use my cell phone at a work site (except for emergency).

Some other important rules and suggestions I am aware of and will follow:

- Address Dunlow residents as “Sir” and “Ma’am”; (as in “Yes Sir” and “Yes Ma’am”)
- Showers happen in the afternoon, after work. NOT in the AM.
- Safety First:
 - Seat belts on all trips everywhere;
 - Do not touch stray animals (and there are lots of them)!
 - Do not go off on your own without an adult knowing it!
- NOT a “couples week”. NO PDA’s!
- Except for work site travel, please travel in your assigned van.
- Learn what you can and share it with the community when you have a chance.
- No girls ever in boys room or boys in girls room.

There are only TWO ways to get sent home immediately, in which case your parents will be asked to drive to us to bring you home. They are:

- Use of alcohol, drugs of any kind.
 - If you have meds you need to take (and/or need to have with you), make certain Dr. Damico and Linda McMahon are aware.
- Sexual interaction of any kind.

Participant: _____ Print Name: _____

Parent: _____ Print Name: _____